BEING RIGHT IS BETTER THAN BEING HAPPY! RELATIONSHIP RESCUE SERIES, PART 1

Blessed are the peacemakers, for they will be called children of God. Mat. 5:9 (NIV)

WHY SHOULD WE CARE ABOUT RESOLVING CONFLICT?

- 1. GOD COMMANDS US TO TAKE INITIATIVE IN RESOLVING CONFLICT [MAT. 5:23, 24]
- **2.** UNRESOLVED CONFLICTS HINDER MY PRAYERS [1 PET. 3:7; MARK 11:25]
- **3. RESOLVING CONFLICT EFFECTIVELY WILL HELP US GROW** [JAM. 1:2-4]

A FOUR STEP PROCESS FOR WORKING THROUGH CONFLICT

STEP 1: ASK FOR A REPRIEVE [ECC. 3:1,7]

PRINCIPLE: IT'S MORE IMPORTANT TO RESOLVE CONFLICT EFFECTIVELY, THEN IT IS TO RESOLVE IT QUICKLY.

STEP 2: TAKE TIME TO REFLECT

A. REFLECT PRAYERFULLY [PRO. 16:3, 7]

PRINCIPLE: RESOLVING CONFLICT IS NOT ABOUT BEING RIGHT. IT'S ABOUT BEING OBEDIENT TO THE DISCERNED WILL OF GOD.

B. REFLECT ON YOUR FEELINGS [JER. 17:9-10]

C. REFLECT ON THE OTHER PERSON'S PERSPECTIVE [PHIL. 2:4-5]

PRINCIPLE: CONFLICT RESOLUTION IS MORE ABOUT VALUING THE OTHER PERSON MORE HIGHLY THAN YOURSELF, THAN IT IS ABOUT NEGOTIATING AN EQUAL EXCHANGE OF VALUE.

STEP 3: BE PREPARED TO RELENT [PHIL 4:19]

PRINCIPLE: Conflict can be defined as the absence of peace. And peace is found, not in victory over the other person, but in victory over the SELF and having trust in God.

STEP 4: TAKE INITIATIVE TO RECONNECT [EPH. 4:26, 27]

CALL TO ACTION

- 1. MAKE A LIST OF ANY UNRESOLVED CONFLICTS.
- 2. TAKE THE NEXT STEP TO RESOLVE THEM.